Learning Styles Profile

Rate each of the following on the basis of 1 to 4.

1=least like you; 2=a little like you 3=quite a bit like you; 4=most like you

Learning Style #1

Do you:

Like to write? 4

Like to learn new words? 4

Like to tell stories? 3

Enjoy reading? 4

Give good directions to others so that they understand the first time? 3

Have a good memory for names, dates, facts? 2

Enjoy making or hearing puns? 4

Enjoy metaphors? 4

Total score 28

Learning Style #2

Do you:

Like to work with computers and calculators? 3

Enjoy math class? 2

Easily add numbers in your head? 2

Enjoy doing science experiments? 1

Ask a lot of questions about how things work? 3

Enjoy chess, checkers, or other strategy games? 2

Enjoy logic puzzles or brainteasers? 3

Like to go by steps, from A to B to C, rather than jumping from A to D? 2

Total score 18

Learning Style #3

Do you:

Read maps, charts, or diagrams more easily than text? 1

Build interesting three dimensional constructions (like LEGO buildings or others)? 2

Prefer to draw pictures rather than tell stories? 2

Find your way to a new place easily? 4

Like to take things apart and then try to figure out how to put them back together? 2

Doodle a lot on notebooks? 3

Visualize the back side of an object from looking at the front? 1

Estimate distances between objects easily? 1

Total score 16

Learning Style #4

Do you:

Find activities like riding a bike, skating, or walking on a balance beam easy? 4

Run, swim, and exercise without getting tired? 4

Learn to play new sports easily and quickly? 3

Learn a new dance step easily and quickly? 2

Use a lot of hand gestures and body movements when talking to friends? 3

Like touching things you’ve just seen? 2

Cleverly mimic other people’s gestures or mannerisms? 3

Move, tap, or fidget while seated for a long time in one spot? 4

Total score 25

Learning Style #5

Do you:

Enjoy playing a musical instrument? 4

Listen to music a lot? 4

Hum or sing a lot? 4

Tell people when music sounds off-key? 2

Have a good singing voice? 3

Remember the melodies of songs? 4

Sing harmony? 3

Compose music in your head or on paper? 2

Total score 26

Learning Style #6

Do you:

Like to work and/or play with others? 4

Understand how people are feeling by looking at their faces? 3

Give advice to friends who have problems? 3

Have a good sense of empathy or concern for others? 3

Seem to be street-smart? 3

Seem to be a natural leader on teams? 3

Get energy from being with people rather than being alone? 4

Feel that several minds working on something are better than one? 3

Total score 22

Learning Style #7

Do you:

Often need a quiet place to work or just be alone? 2

Like to make collections of things that have special meaning for you? 2

Remember your dreams? 2

Display a sense of independence or strong will? 4

Have a realistic sense of your own strengths and weaknesses? 3

Accurately express how you are feeling? 3

Have an interest or a hobby that you don’t talk much about? 2

Get energy from being alone rather than being with people? 1

Total score 19

Learning Style #8

Do you:

Enjoy collecting bugs, flowers, or rocks? 1

Like to closely examine what you find in nature? 2

Keep detailed records of your observations of nature? 1

Like to watch natural phenomena like the moon/tides and hear explanations about them? 4

Become fascinated with one thing from nature and want to learn about it thoroughly? 2

Want to find out the name of a bird or a bug you’ve seen? 2

Like to classify things? 2

Want to become a geologist, biologist, or some other type of scientist? 2

Total score 16